Embassy of India Bratislava

Announcement of Yoga Classes

The Embassy of India in Bratislava is happy to announce commencement of Yoga classes to be conducted by Ms. Jaiwanti Singh, Yoga Teacher, at Embassy of India, Bratislava (6 floor, Dunajska 4, Bratislava) with effect from 18 January 2024.

Details of the classes are as under:

Day:

Tuesday & Thursday from 1630 – 1730 hours

Friday from 1100 – 1200 hrs

Charges:

Euro 5 per class

Euro 40 for 10 classes Euro 90 for 30 classes

The classes will cover asanas, pranayama, meditation and relaxation techniques.

People interested in joining the Yoga Classes are requested to fill up attached Registration Form. The duly filled Registration Form may be sent to prop.bratislava@mea.gov.in.

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Registration for Yoga Classes

1.	Name	
2.	Age	
3.	Gender	
4.	Address	
5.	Passport/Identity Card No.	
6.	Telephone/Mobile No.	
7.	Preferred time slot for the yoga class	